

02/06/2023

**To the Chair and Members of  
The Central Area Committee**

## **NORTH EAST INNER CITY PROGRAMME OFFICE REPORT**

### **Funding 2023:**

Funding proposals totaling **€3,888,877.14** has been approved by the NEIC Programme Implementation Board. 2023 projects approved to date are listed under the relevant Sub-Group heading on the attached table Appendix 1. The table will be updated on an ongoing basis as further funding proposals are approved. The projects approved in April are as follows:

#### **Subgroup 1**

##### Law Engagement and Assisted Recovery (LEAR) Programme €225,375.86

The aim is to support people who have complex and multiple needs such as addiction, criminality, homelessness and mental health to engage effectively with support services and to move away from anti-social behaviour and towards personal recovery.

##### Dialogue with Young People, Youth Workers and Gardaí in Dublin's NEIC €24,650

This project aims to continue and extend the dialogue process between Gardaí and youth in the NEIC using interactive activities and meetings between Gardaí and youth.

#### **Subgroup 2**

##### Larkin C.C. Music Library €7,627.28

This funding will assist in setting up a music library in Larkin C.C. to provide students with musical instruments to borrow and practice on at home.

##### Fighting Words – 2023 €30,000

Fighting Words provide free workshops, creative writing classes and activities for local schools and groups and also work in collaboration with City Connects and the National College of Ireland.

#### **Subgroup 5**

##### Career's EDGE employment Programme €5000:

This funding is for a workshop to facilitate engagement with local stakeholders on the establishment of a recovery community in the NEIC. This is a first phase aiming to bring services to a collective level instead of relying on individual organisations to cover elements of the process and will provide 50 places in total.

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## NEIC Community Arts Programme Report to Central Area Committee

The NEIC Community Arts Programme has continued to deliver a range of initiatives this May to support the meaningful development of the Arts across the many different communities of the NEIC.

### 1: Drama with the Active Retirement Association in Ozanam House

Our Drama Programme for older people resumed in April and continued throughout May, facilitated by the theatre maker Margaret Callan Bergin. On June 19<sup>th</sup> the group will be presenting a morning of selected Dramas that they have created over the past eight weeks.



### 2. Development of NEIC Community Arts Strategic Plan:

The Community Arts Programme continued to develop its consultation process with community groups throughout the area. The programme is working with Community Consultant and Facilitator Peter Dorman to identify a meaningful process that will inform the development of the Programme's strategic plan for Community Arts in the area from 2023-2025.

### 3: NEIC Pilot Arts Residencies:

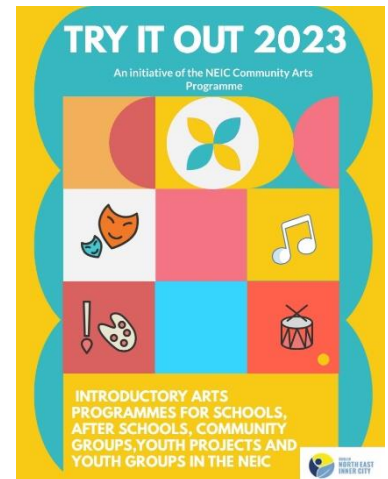


**May saw the continuation of the NEIC Community Arts Pilot Programme of Arts Residencies.**

- Artist Susie Maloney continued the delivery of her Visual residency for 2023-2024 with 5<sup>th</sup> class boys in St. Laurence O'Tooles CBS.  
<https://youtu.be/v-95wHLXmGA>
- Musician and Early Years specialist Helen Blackmore continued the delivery of her weekly residency with boys in the ASD classes of Laurence O'Tooles CBS.
- Drama in Education Specialist and bi-lingual Theatre Maker Gabrielle Breathnach returned to Scoil Chaoimhín after delivering her Try It Out Programme last year to begin a three month residency with the school.
- Early Years Music Specialist, Helen Barry returned to Little Treasures in the North Wall CDP to deliver a six-week early years music programme.
- The Early Years Music Programme continued in Holy Child Rutland St. with Early Years Music Specialist Eamon Sweeney.
- The Early Years Residency in partnership with the Hugh Lane has begun with Ozanam House and is being delivered by with Early Years Creative Specialist, Helen Barry.

#### 4 Try it out.

The NEIC Community Arts Programme's Short-Term Programme for Clubs and Schools called *Try It Out* was advertised in March and has been delivered throughout April and May. Groups were offered the opportunity to participate in a range of creative programme with the NEIC Community Arts Programme, The Hugh Lane Gallery and the Gate Theatre. Thirty different community and school groups have availed of the programme this term.



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## NEIC Sport Recreation & Wellbeing Programme Report to Central Area Committee June 2023

### Football for Unity

The NEIC / SARI Football for Unity tournament has just been launched and will take place over June / July. This tournament offers participants from all cultures to come together and compete in a football tournament across the North East Inner City. The games are played at u/13, u/16, u/19, and Senior. All in both men's and women's. NEIC have also funded SARI to activate anti-racism workshops which are currently running through every primary school in the NEIC, and most secondary.



SARI and NEIC are delighted to announce that this year's Football for Unity Festival will take place in Dublin's north-east inner city from Monday 12<sup>th</sup> June until Friday 14<sup>th</sup> July.

The Football for Unity Festival will showcase the potential of football as an educational tool which can bring communities together and promote social inclusion.

**TOURNAMENT AGE GROUPS:** Men: 18-25 / Boys: Under-18, 16 and 12 (mixed gender)  
Women: 18-25 / Girls: Under-18 and 16

Tournament matches will be played at three pitches across the north east inner city:  
Larkin College, O'Connell School and St Laurence O'Toole Recreation Centre

More information / register your team: [www.footballforunity.ie](http://www.footballforunity.ie)



Football for Unity 2023 is supported by the North East Inner City initiative and Dublin City Council



## **Change for Life**

The NEIC will be running its Change for Life summer programme beginning mid-June. This offering will be for adults over 18 to engage in physical activity. There will be 10+ options of activity including boot camp, couch to 5k, walking groups, older adults activities etc. The programme will also look to engage numerous outdoor spaces e. Diamond Park, Mountjoy Square Park, and Liberty Park,



## **Schools Finals**

Our Co Funded Sports officers have been working hard in schools over the past number of months and all are working towards culmination blitzes in each sport. Gaelic Football, Athletics, and Rugby have already taken place with Hurling, Basketball, Cricket, and Soccer having big inter school blitzes coming up before schools end at the end of June.



## **NEIC Yoga Teacher Training**

The NEIC Yoga Teach Training Programme has recently celebrated its second ever group of graduates. On the weekend of the 27/28<sup>th</sup> of May, 23 member of the NEIC community graduated after training for 11 months to become fully qualified yoga teachers. We look forward to seeing them working around the community in the week, months and years to come. RTE Nationwide has filmed a piece all about the course. The piece has been given a slot in September, as viewing figures fall in the summer and they felt it will be very well seen upon. The graduation will occur on the 23<sup>rd</sup> of June.



## **Docklands Business Forum 5 a side**

The NEIC worked with the Docklands Business Forum to deliver a football tournament integrating businesses and local communities in the area. The tournament took place on May 12<sup>th</sup> with 14 teams taking part in a festival style day, with local team Sheriff Street Kings emerging victorious on the day.



**DOCKLANDS**  
**5aside**  
**SOCCER TOURNAMENT**

**FRIDAY**  
**12<sup>TH</sup> MAY**

5ASIDE BETWEEN LOCAL BUSINESSES AND  
 LOCAL COMMUNITIES.  
 ENTER YOUR BUSINESSES 5ASIDE TEAM TODAY.

**Kick Off Sheriff Street Youth Club**  
**1.30pm - 4.30pm**

Business Registration Contact:  
**Docklands Business Forum**  
**(01) 480 0543**



**ExWell Medical**

ExWell Medical is continuing to deliver twice weekly classes for those with chronic illnesses around the NEIC. Classes are very well attended with over 20 on average. The course is linked in with all local GP's in the area to help socially subscribe exercise.





### **International Football for asylum Seekers**

The NEIC/DCC was asked to support a group of asylum seekers living in Dublin's inner city. The group have very little opportunities as they are waiting to gain employment. They have very little money and lots of time on their hands, this must be very frustrating and have a big impact on their mental health. We investigated what sport or activity that they would be interested in getting involved with and football was what they were most interested in. We arrange a five a side football for them on Ballybough community centre, as you can see they really enjoy it. We had the same programme running during the week and found it hard to keep it going. So what we decided to do was to run the programme over the weekend. This seems to be very successful for now and we will continue to monitor it.



### **Men's Walk and Talk**

This is a group of men from 47 to 75 years of age engaged with this programme. The walk and talk programme will help with their mental health and encourage them to open up. They will start with a very steady pace, for a short journey then make their way to mount joy square and use the calisthenics equipment in the park. When finish they will make their way back to Ozmans House and work on breathing techniques to be able to create a state of calmness in their life or when they need to bring it in to their life.

### **Woman on the Move**

This programme was designed to interact with a group of women from SAOL (SAOL is an integrated programme of education, rehabilitation, advocacy and childcare). The SAOL Project's on-going commitment to the women, children and community members of the North Inner City continues to develop, responding to the changing needs of the women who participate in their project. The woman on the move is helping woman in this particular

Group to be more active. Some of the woman in this group would not leave there home or interact with other people apart from the time that they are in the Saol programme.

We started the programme with going for walks and using the facilities in the area, like the calisthenics equipment in Mountjoy square and then the Basketball court.

The following weeks we went done to the Local gym in Sheriff Street, St. Laurence O'Toole. This is where we really started to build up excitement, they loved it. The NEIC decided to support the group with a one month membership, so they could have a safe place to go to and find an activity that was very beneficial to their health. The Girls in the programme are really enjoying been in the gym and are starting to feel very comfortable. They some are even starting to go to the gym by themselves in their own time.

### **After Care Recovery Group Cycling Programme**

ACRG is a drug-free structured day programme providing a respectful and supportive environment to those recovering from drug and alcohol addiction. Established in 1999 by a group of community activists from Dublin's North Inner City. The project opened officially in April of that year with the objective of delivering a range of practical supports to those in recovery from addiction.

The cycling programme was introduced to the group to encourage them to pursue an activity that will support there recovery. This is an eight week programme, it will help them work as a team and improve there over all fitness as well as the mental health.

The group has really taking to the programme and it has developed into a real team building and support programme. We are now training up to take part in a charity cycle in aid of men's mental health. This is starting to gather up momentum and could posable be the makings of the ACRG cyclin club.



## Ballybough Youth Service Cycling Programme

Ballybough Youth Service is a place where young people can come in and relax. They work with young people from the age 10 - 24 that live around the area. In Ballybough Youth Service they do homework clubs, Halloween projects, Christmas projects, [film](#) & photography groups, summer project, cooking, dancing, and arts. They also take part in different interagency groups like [The Big Scream](#), [What's Your Issue?](#), visual arts, and [Reel Youth](#).

The cycling programme was put together to support a group of young adults in the service who was planning a charity cycle, for mental health for men. The cycle is for the 27/06/23 and they felt that they will complete a 75K cycle in aid of men's mental health. This is a big task and we were happy to support this group for in any way that we could. We will bring the group out once a week on bike's that we will provide and teach them how to cycle in a group. As well as that we will build up their level of fitness to complete this big task. This will be a new experience to all in this group and we felt that they will enjoy the experience and even take up cycling as a recreation or even a sport.

### Ballybough Youth Service Fundraising Page



Created By: [Ballybough Youth Service](#)

Thank you for taking the time to visit our fundraising page on [iDonate.ie](#)  
We're taking part in a 75km cycle the route we are going to do is the Blessington Loop. We've chosen to fund raise for **Jigsaw**. We wanted to donate to a charity that supports young peoples mental health our youth service focu...

[DONATE](#) [SHARE](#)

## Fun with Games and Sport

The goal of the project - Fun with Games and Sport is to engage with the Kids, encourage them and build confidence in their abilities. Direct them to a sustainable and healthy lifestyle. We have included a sport every two weeks that we could guide them toward a club that they could join and prosper. The Fun with games and sport program is for kids to have fun, enjoy playing sports and to encourage them to get involved with their local sport clubs.





A fun initiative for Youths, 12 years & younger  
Ballybough House Astro Pitch, Wednesdays 3-4pm  
Contact Nicky on 0861276445 or Peter on 0870654031

Comhairle Ceathrach

### Walking Football

The walking football has been running the past few week and is starting to be established in the NEIC as a sport in its own right for anybody with any fitness level and gender. They really enjoyed being able to get back playing a sport that they felt was beyond them. The social end of the game was very much what they missed, then having a cup of tea and a few biscuits after the game was a big winner. This is really needed for this age, to help support them to be more active for many reasons, mental health, and physical health, slow down the ageing processes and to prevent the need for medical treatment.





### **Circuit Training**

We have moved the fitness class in St Laurence O Toole Recreation Centre to a lunch time class and this has started to generate great energy in the local area from week to week. With the help and support from the NIEC/DCC staff continuously coming to the class has encourage the people who live local to the area to come to the class. We have encouraged the staff, who are fantastic to teach a class and they have added an active ageing class to their time table.







### Active Ageing with Eddie

From the amazing energy that has been created from the circuit classes, the amazing DCC staff in St Laurence O Toole Recreation Centre has started an Active Ageing fitness class with Eddie. This was something that we could see was needed in the area and with discussing this with the staff they were only happy to help. The staff are very much about helping out in any way with the community and do be very busy true out the day with the young and elderly in the centre. So to make time in there busy schedule is very much appreciated and we are going to support with some equipment when needed.

**ACTIVE AGEING** WITH *Eddie*

**AGES:** ALL WELCOME  
**WHEN:** MONDAY AT 2:00PM – 2:30PM  
**WHERE:** SAINT LAURENCE O'TOOLE RECREATION CENTRE  
**COST:** FREE  
**CONTACT:** 01 222 4205

Comhairle Cathrach  
Eithe Átha Cliath  
Dublin City Council





## **Handball NEIC/DCC Pilot Plan**

### **Dublin GAA Handball**

Dublin GAA Handball have come on board to develop handball in the NEIC.

The NEIC/DCC Handball pilot will be with St. Vincent's Girls National School and are located near Croke Park too. They will work with the girls in 5<sup>th</sup>/6<sup>th</sup> class pupils during school and the children will be brought to Croke Park, national Handball and Croke Park Community Centre.



### **Bass soccer coaching after School**

The Ballybough after School Services works with kids from the age's 6-9, they have a wide range of activities, homework assistance, and very experienced staff and take the kids on outings as well as trips. The NEIC/DCC have stepped in to support their physical activities though some football coaching. This is a Friday evening directly after school and is to build confidence in their own ability's in sport. This I found though out the northeast inner city was how much the kids confidence was low, in their ability in sports was. If they were not playing at the elite level from a very young age, they felt that they were not good at sports. This is not true at all, as most if not all kids develop in sports, at very different stages of life. If we can build their confidence and skill set they will be more likely to continue to play sport throughout their lives



## Docklands Fitness Trail

The Dockland Fitness Trail is in conjunction with the Docklands Volunteer Week. This is where the businesses in the Dockland area come together and connect with the community that they work in. The concept behind this is to use the city as your very own gym, starting off at the CHQ archway with a warm-up, jogging every 300-500m at different exercise stations, performing different exercises and finishing back at the CHQ for the cool down.

# Docklands FITNESS TRAIL

**MONDAY  
8<sup>TH</sup> MAY  
@ 8am**

Start your **Docklands Volunteer Week** with a 45-minute workout. Meeting our personal trainer at the Triumphal Arch by CHQ at 8am. Back to the arch for 8.45am. For workout beginners and pros.

Business Registration Contact:  
**Docklands Business Forum**  
**(01) 480 0543**

## Docklands Charity Cycle

The Dockland Charity Cycle is in conjunction with the Docklands Volunteer Week. This is where the businesses in the Dockland area come together and connect with the community that they work in. The day was very successful with 22 people from the Dockland business area and from the ACRG group. It was a chance for all to get to make a connection with each other and to work together in the cycle as well as break down any barriers that may have been there.



## Sheriff YC Football

The NEIC/DCC helped to fund new equipment to use for their school training session.



Grace Richardson, is one of the volunteers at Sheriff YC that help Tony out with the Schools training and also coach a girls under 9s team at the club.

Currently they have 6 teams' boys under 12s, 11s, and two 8s they also have two girls teams under 11s and 9s and next season it looks like they will add another 3 teams at minimum. Their main aim is to keep the children involved in football and away from other influences.

They are currently working with 11 schools in the North East inner city thanks to City Connects

They just recently finished their first 4 week programme in the schools they were able to go in and coach 100 girls aged between 7 to 9 with some football skills. The feedback from the teachers was that it was a huge success. Next week they start a 4 week block with boys of the same age. This is all down to our volunteers giving up their valuable time.

You are probably aware these schools have huge numbers and our equipment in the club is split between the teams we have currently. The coach of the teams holds onto for the year we are currently struggling with a lack of equipment for the school and are wondering if it would be possible. This equipment would also be used for a new program that we are going to start up in the near future a "Football for All" program for kids with all types of disability to come to Sheriff YC and play football in a safe environment



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## APPENDIX 1

### NEIC Programme Office – 2023 Funding Proposals Approved to date

| <b>Department of Rural &amp; Community Development<br/>Community Enhancement Programme Allocation (€2,218,750 M of €7.5M )</b> |                    |
|--|--------------------|
| <b>Sub - Group 1 – Enhanced Policing</b>   |                    |
| <b>Ethnic Policing Forum</b><br><i>(Strategic priority 2.2; 2.4; 2.5; 2.6; 2.8)</i>  | €7,000             |
| <i>Dialogue with Young People, Youth Workers and Gardaí in Dublin's North East Inner City. (Strategic priority 2.7)</i>        | €24,650            |
| Law Engagement and Assisted Recovery (LEAR) Programme<br><i>(Mulvey Action 1.2)</i>  | €225,375.86        |
| <b>Garda Youth Awards</b>  | €5,565             |
| <b>Sub-Total</b>   | <b>€257,025.86</b> |
| <b>Sub - Group 2 Maximising Educational, Training &amp; Employment Opportunities</b>   |                    |
| Transition Year Work Experience, Employer Relationship-Flash mentoring coordinator   | €66,906            |
| Enrichment and Therapeutic Opportunities in ASD Classes  | €18,680            |
| Career Leap 2023   | €84,576            |
| Translation/Interpretation supports for NEIC schools   | €20,000            |
| Larkin C.C. Music Library<br><i>(Strategic priority 3.4)</i>   | €7,627.28          |
| Fighting Words – 2023<br><i>(Strategic priority 3.4)</i>   | €30,000            |
| <b>Sub – Total</b>   | <b>€227,789.28</b> |
| <b>Sub - Group 3- Family Wellbeing</b>   |                    |
| Afterschool initiative with 7 to 9yr olds- Belvedere Youth   | €106,320           |
| Decider Skills Programme   | €4,500             |
| <b>Sub- Total</b>  | <b>€110,820</b>    |
| <b>Sub - Group 4 – Enhanced Community Welling and the Physical Environment</b>   |                    |
| Greening strategy  | €525,000           |
| Community Events 2023  | €445,000           |
| Community Arts Projects Consolidation Programme 2023   | €169,500           |
| Sports, Recreation & Wellbeing   | €317,000           |
| Wexford Centre Project   | €12,000            |
| D-Light Studio Community Arts and Events programme 2023<br><i>(Strategic priority 14.3)</i>                                    | €21,855            |
| <b>Contribution towards the cost of replacement astro pitch O'Connell's School</b>   | <b>€62,000</b>     |
| NEIC Community grants  | €104,000           |

|  |                      |
|--|----------------------|
| <b>Sub - Total</b>   | €1,594,355           |
|  |                      |
| <b>Sub - Group 5 – Substance Use, Misuse &amp; Inclusion Health</b>          |                      |
| Careers Edge Training programme<br>(Strategic priority 15.7)                 | €15,000              |
| Access to Community Based Services for Refugees<br>(Strategic priority 16.5) | €110,000             |
| Workshop on a Recovery Community in the NEIC<br>(Strategic priority 15.5)    | €5,000               |
| <b>Sub – Balance</b>   | <b>€130,000</b>      |
| <b>Sub.- Group 6 – Alignment of Services</b>                                 |                      |
| NO PROPOSALS APPROVED TO DATE  |                      |
|  |                      |
| <b>Sub – Total</b>   |                      |
|  |                      |
| <b>Overarching Budgets</b>   |                      |
| NEIC programme Office costs  | €220,000             |
| Pilot Social Employment Fund   | €1,348,887           |
| <b>Sub – Total</b>   | <b>€1,568,887</b>    |
| <b>Total monies committed</b>  | <b>€3,888,877.14</b> |